
Training and consultancy in Person Centred Planning

The NWTDT is committed to the development of person centred planning in the North West and any of the following training courses and Action Learning Sets to support ongoing learning can be negotiated with the team. This could be either on a region-wide basis or locally as part of a District's allocated time with the team.

The following outlines the training and consultancy available at the time of writing from the organisations that we are aware of. This is offered as a general guide only, and it is suggested that readers approach the training and consultancy organisation directly to enquire about what is currently available. Addresses are provided in the next section.

1. Introduction to Person Centred Planning

One day courses can be arranged that provide an overview of what person centred planning is, how it differs from traditional planning and outline several planning styles.

This can be provided by:

NWTDT
National Development Team
Scottish Human Services
Paradigm
Circles Network

2. Introduction to styles of planning

More detailed 1-2 day training in a particular planning style can be arranged. A feature of these courses is that participant's learn the style by doing a plan on their own life.

This can be provided by:

NWTDT - (PATH, MAPs, Personal Futures Planning, Essential Lifestyle Planning, Individual Service Design).

National Development Team - (PATH, MAPs, Personal Futures Planning/Person Centred Life Planning).

Scottish Human Services - (PATH, MAPs, Essential Lifestyle Planning).

Paradigm - (PATH, MAPs, Personal Futures Planning, Essential Lifestyle Planning, Individual Service Design, Person Centred Planning for care managers).

Circles Network - (PATH, MAPs, Personal Futures Planning).

3. Facilitators training in a style of planning

This can either be undertaken after the introductory course, or in a course combining an introduction and facilitator training. The courses take from 2 days (for people who have completed introductory training) to 4 days over several months. There is an accreditation process for Essential Lifestyle Planning facilitators that is available through the NWTDT or Paradigm.

NWTDT (PATH, MAPs, Personal Futures Planning, Essential Lifestyle Planning, Individual Service Design).

National Development Team (PATH, MAPs, Personal Futures Planning/Person Centred Life Planning).

Scottish Human Services (PATH, MAPs, Essential Lifestyle Planning).

Paradigm (PATH, MAPs, Personal Futures Planning, Essential Lifestyle Planning, Individual Service Design, Person Centred Planning for care managers).

Circles Network (PATH, MAPs, Personal Futures Planning).

4. Other facilitator training

Jack Pearpoint and John O'brien run a 4 day 'Creative Facilitator Course' in Toronto Canada and sometimes in the UK.

Advanced facilitators training is currently provided through SHS and Paradigm.

Train the Trainers courses in Essential Lifestyle Planning can be arranged through the NWTDT and Paradigm.

Graphic facilitation is provided by the NWTDT and NDT.

5. Implementing Person Centred Planning

This is an 8 day course that combines an introduction to person centred planning and Essential Lifestyle Planning for facilitators and their managers. The facilitators then go on to complete their facilitator training and each facilitate and implement an Essential Lifestyle Plan with an individual who uses the service (a 'focus person'). The successes and challenges of implementing Essential Lifestyle Planning are presented back to the managers on Day 7, and the managers learn about implementation strategies and develop an action plan for future work. The course ends with facilitators learning about Essential Lifestyle Planning as a foundation for community connections.

The course takes place over 6 months with 8 days training and work in-between the days. Facilitators attend all 8 days and are joined by their managers for days 1

and 2 (introduction to person centred planning and Essential Lifestyle Planning) and day 7 (feedback and service action planning).

Although this programme was originally developed for Essential Lifestyle Planning, the process can also be used for other styles of planning. These courses have been run through the NWTDT and Paradigm.

6. Action Learning Sets

Action Learning Sets can be arranged to support person centred planning facilitators in the ongoing implementation of plans and problem solving. They typically involve meeting for a day every few months, where person centred planning facilitators bring a particular issue that they are struggling with and the group supports them to develop strategies for dealing with it. An external facilitator is required, who could be provided by:

NWTDT
National Development Team
Scottish Human Services
Paradigm

7. Retreats

Retreats can be arranged by the NWTDT and other agencies for groups of person centred planning facilitators, and/or implementation groups to spend a day reflecting on their work, the successes, challenges and lessons learned with an outside facilitator. It is sometimes possible for this to be arranged with John O'Brien, Michael Smull or Jack Pearpoint.

8. Training and Development for Implementation Groups

Many organisations that want to develop person centred planning form an implementation group to develop this process. The NWTDT can provide support to these groups and specific training and consultancy using the Managing Change through Innovation approach developed by Gerry Smale.

Addresses

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Pamwell House
160 Pennywell Rd
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PO Box 410
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Governor's Council on Developmental Disabilities
300 Centennial Building
658 Cedar Street
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Graphic Futures
25W 81st St.
16-B New York
NY 10024
Tel 212 362 9492

The Grove Consultants International
UK Distributor: PERSONA
22 Chiswick High Rd
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