

NW Health and learning disability network NWTDT

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NORTH WEST
Good Practices in
Learning Disability
Nursing SUMMARY



*Some submissions have
been allocated to more
than one section*

1. HEALTHCHECKS & HEALTH ACTION PLANS

ORGANISATION	DESCRIPTION
Mersey Care NHS Trust	Implementation of Person Centred Health Action Plans Joint work with Acute & PCTs Photographic Health Action Plans
Knowsley Health & Social Care PCT	Development through Local Enhanced Service of Evidence Based Health Check and Health Action Plan
Wirral PCT	Using Neighbourhood Renewal Funding to develop health checks with a Practice Nurse and Learning Disability Nurse within 19 practices.
Central Lancashire PCT	GP Health Screening: Pilot currently being undertaken
Central Lancashire PCT	GP Registers: Active involvement of every GP practice in the development and maintenance of learning disability registers in practices across Preston.
Ashton Leigh & Wigan PCT	Team to promote pro-active Healthcare Management of the adult Learning Disabled population within Primary care services
Ashton Leigh & Wigan PCT	Complex Needs Team – complex physical health care needs
Central Lancashire PCT	HAP training for commissioned service providers

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2. IMPROVING ACCESS TO HEALTH SERVICES

Cheshire & Wirral Partnership Trust	Hospital working group established to improve access into secondary care for people with learning disabilities
Knowsley PCT & 5 Boroughs Mental Health Trust	Accessible Health Information to assist people to access health care services
Cheshire & Wirral Partnership trust	Self Harm Services planning group to improve the service for self harmers attending A&E
Wirral PCT	Health Passport; an A4 yellow document that is completed by the carer and alerts hospital staff that the person has a learning disability and provides key information.
Central Lancashire PCT	Development of local acute teaching hospital policy related to patients with LD
Knowsley Health & Social Care PCT	Reducing health inequalities, improving equity of access and quality of cytology screening for women with learning disabilities.
Heywood, Middleton & Rochdale PCT	Developing a Dementia Clinic with Consultant Psychiatrist for People with Learning Disabilities

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Wirral PCT	Health Screen Opportunity Audit – to find out if people with learning disabilities attended health screenings. (Dental & eye checks, annual health or medication reviews & all national screening programmes)
East Lancashire PCT	Improving epilepsy care for individuals with LD and Epilepsy
Central Lancashire PCT	Health Equality Audit: based upon research evidence, in line with Valuing People and Choosing Health Agendas.
East Lancashire PCT	Health screening and screening for ageing process in people whom have Downs Syndrome
Cheshire & Wirral Partnership Trust	The development of a “Drop-In Surgery” at the day centres facilitated by Health and Social Service Staff.

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3. CARE PATHWAYS & PROTOCOLS & CHECKLISTS & TOOLS

Mersey care NHS Trust	Discharging people from long term placements / secure units to community based setting
Oldham PCT	Developing a care pathway for cervical and breast screening
Oldham PCT	Dementia Care Pathway
Bolton	Dementia Pathway – including screening for adults aged 30+ with diagnosis of Downs Syndrome
Heywood, Middleton & Rochdale PCT	Setting up Dementia Screening, Pathway, Training and Working Group.
Central Lancashire PCT	Development of Care Pathway with local Primary Care Mental Health services
Mersey Care NHS Trust	Screening Tool for Inpatient Services
Oldham PCT	Traffic Light Assessment for inpatient stay in acute services
Royal Liverpool Children’s NHS Trust	Sleep Service: sleep clinics and workshops for parents / carers; written resources; training for multi-agency primary and secondary workers; advice & consultation.
Wirral PCT	Pilot of Anticipatory Care Calendar to: Reduce health inequalities; Provide a sound clinical governance & critic care review mechanism; provide care pathways that lead to action.
Central Lancashire PCT	Protocol for obtaining blood for Thyroid Function Test.
Central Lancashire PCT	Supporting a patient at a health check at her GP surgery
Mersey Care NHS Trust	Protocol for enema administered at day centre
Cheshire & Wirral Partnership NHS Trust	Development of a Nutrition and Swallowing Checklist
Cheshire & Wirral Partnership NHS Trust	Epilepsy Training Pack for use of professionals and carers

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4. PERSON CENTRED PLANNING

Mersey Care NHS Trust	Implementation of Person Centred Health Action Plans Joint work with Acute & PCTs Photographic Health Action Plans
Central Lancashire NHS Trust	Promoting the use of Person Centred Thinking Skills: the use of one page profiles, Person Centred Reviews and other Person Centred Thinking Tools

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5. HEALTH PROMOTION

Mersey Care NHS Trust	Public Health and Health Promotion for people with LD
Salford PCT	Fitness4Fun health promotion initiative for weight loss & health living
Knowsley Health & Social Care PCT	Healthy Lunchbox leaflet to assist people with learning disabilities to understand healthy food options
Knowsley Health & Social Care PCT	Health promotion initiatives including healthy eating, "5 a day", good oral health care and physical activity
Knowsley Health & Social Care PCT	Development of a "Wheels for all" cycling centre for people with disabilities.
Wirral PCT	Health Facilitation: "I want to be healthy" a 10 week health promotion course for people with learning disabilities
Wirral PCT	Development of easy to read leaflets to provide health promotion information in a more accessible format – one example is bowel screening.
Central Lancashire PCT	Public Health event aimed directly at people with a learning disability and carers – Sep 2007.

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6. TRAINING & AWARENESS

Cheshire & Wirral NHS Partnership Trust	Speed Training – understanding autism
Cheshire & Wirral NHS Partnership Trust	Living with someone with Dementia – awareness sessions for clients with ld.
Wirral PCT	The delivery of Learning Disability Awareness training to primary and secondary care services
Mersey Care NHS Trust	Student pack for all ld nursing students
Oldham PCT	Mental Health Liaison Nurse & Individualised Physical Intervention Training
Royal Liverpool Children’s NHS Trust	Sleep Service: sleep clinics and workshops for parents / carers; written resources; training for multi-agency primary and secondary workers; advice & consultation.
University of Salford Faculty of Health & Social Care	BSc (Hons) in Professional Studies in Nursing & Social Work (Learning Disabilities)
Central Lancashire PCT	HAP training for commissioned service providers
Central Lancashire PCT	Secondary Care LD Awareness Training
Central Lancashire PCT	Master Degree Research projects: perceptions and experiences that people with LD and their carers have of accessing community pharmacy services; healthcare decision making by and with people with LD.
Central Lancashire PCT	Educational programmes for GP Registrar’s, Medical Students (facilitation of half day placements)
Central Lancashire PCT	Community Pharmacy Project: LD awareness training delivered to local pharmaceutical committee and local pharmacists
Cheshire and Wirral Partnership Trust	Provision of specialist training on “Vulnerable Adults” for all clinical staff
Heywood, Middleton & Rochdale PCT	Older People’s Course
Cheshire & Wirral Partnership NHS Trust	Epilepsy Training Pack for use of professionals and carers

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7. ROLE OF LD NURSE

Cheshire & Wirral NHS Partnership Trust	Development of a 'link nurse' scheme
Blackburn with Darwen and East Lancashire PCTs	Community Children's Nurse Specialist Learning Disability Team
Ashton Leigh & Wigan PCT	Acute Liaison Team
East Lancashire PCT	Clinical Nurse Specialist in Psychotherapy
East Lancashire PCT	Acute Services Liaison Nurse
Oldham PCT	Primary Care Health Facilitator
Oldham PCT	Mental Health Liaison Nurse & Individualised Physical Intervention Training
Oldham PCT	Relationships & Sexuality Nurse Specialist Drama and Dance & Movement Therapists Behaviour Nurse Specialists
Central Lancashire PCT	Primary Care Liaison by the Preston Learning Disability Community Team
Cheshire & Wirral NHS Partnership Trust	Corporate Caseload Management
Heywood, Middleton & Rochdale PCT	Developing an Older People with Learning Disabilities Network: sharing good practice across the North West with other professionals
Ashton Leigh & Wigan PCT	Team to promote pro-active Healthcare Management of the adult Learning Disabled population within Primary care services
Ashton Leigh & Wigan PCT	Complex Needs Team – complex physical health care needs

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8. CHILDREN

Trafford NHS Healthcare Trust	The Incredible Years Programme
Blackburn with Darwen and East Lancashire PCTs	Community Children's Nurse Specialist Learning Disability Team
Royal Liverpool Children's NHS Trust	Sleep Service: sleep clinics and workshops for parents / carers; written resources; training for multi-agency primary and secondary workers; advice & consultation.

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9. INDEPENDENT LIVING & WELLBEING

Independent Options Stockport	Positive short breaks & living independently
Mersey Care NHS Trust	Support group for gay & bisexual people with a ld
Warrington Community Living	Identifying an appropriate support package and accommodation for an individual previously described as having challenging behaviour and complex needs
Cheshire & Wirral Partnership Trust	Enabling continuing independent living for a client with epilepsy by use of risk management and assistive technology

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10. CONTINUING COMPLEX CARE

Trafford NHS Healthcare Trust	The Incredible Years Programme
Mersey Care NHS Trust	Discharging people from long term placements / secure units to community based setting
Ashton Leigh & Wigan PCT	Complex Needs Team – complex physical health care needs

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11. FORENSIC SERVICES

Cheshire & Wirral Partnership NHS Trust	Development of a Forensic Clinical Network
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